

## Relational based approach



At Hemingbrough CP School, we are developing a Relational based approach towards behaviour management.

This approach combines the setting of clear expectations for behaviour alongside the promotion of social and emotional wellbeing and positive, restorative relationships.

The approach views behaviour as a communication of an emotional need (either conscious or unconscious) and responding accordingly. It adopts the view that 'fairness' is not about everyone getting the same, but getting what they need.

It aims to focus on the feelings and emotions that might drive certain behaviours: are children trying to tell us something?

In schools where this approach has been adopted, indicators of poor Social and Emotional Mental Health (SEMH), such as high exclusion rates, poor attendance and disruptive behaviour are much reduced.

### **The Key elements to Relational Practice**

Relational Practice is built upon an ethos that identifies strong, mutually respectful relationships as the foundation upon which learners can thrive.

Restorative Approaches build, **overtime** upon 5 values and principles:

**Genuineness** – honesty, openness, sincerity

**Respect** – valuing each other for who they are

**Empathy** – understanding another's experience

**Responsibility** – being accountable

**Growth Mindset/metacognition** – people can learn and change

These values and principles need to be practised in informal, day to day interactions with others. Adults in school model effective ways of building and maintaining emotionally healthy relationships and promote helpful, sociable attitudes. This helps to provide a positive learning context for our children.

Each class has a Relational display which is discussed and referred to regularly.