

Hemingbrough Community Primary School
 Long Term Plan
 Physical Education



Year A – 2023-2024

	Term 1				Term 2				Term 3			
	1/1		1/2		2/1		2/2		3/1		3/2	
Session	1	2	1	2	1	2	1	2	1	2	1	2
EYFS/Y1	Fundamentals	Fitness	Dance	Yoga	Dance	Gymnastics	Gymnastics	Ball Skills	Target Games	Striking and fielding games	Team building	Athletics Olympic Games
Year 1/2	Fundamentals	Fitness	Dance	Yoga	Dance	Gymnastics	Gymnastics	Ball Skills	Target Games	Striking and fielding games	Team building	Athletics Olympic Games
Year 3/4	Fundamentals	Hockey	Dance	Yoga	Dance	Basketball	Dodgeball	Gymnastics	Golf	Cricket	OAA	Athletics Olympic Games
Year 5/6	Fundamentals	Lacrosse	Dance	Yoga	Dance	Gymnastics	Netball	OAA	Handball	Basketball	Cricket	Athletics Olympic Games

Year B – 2024-2025

(subject to change)

	Term 1				Term 2				Term 3			
	1/1		1/2		2/1		2/2		3/1		3/2	
Session	1	2	1	2	1	2	1	2	1	2	1	2
EYFS/Y1	Fundamentals	Yoga	Dance	Sending and Receiving	Dance	Gymnastics	Gymnastics	Ball Skills	Invasion Games	Net and Wall games	Team Building	Athletics
Year 1/2	Fundamentals	Yoga	Dance	Sending and Receiving	Dance	Gymnastics	Gymnastics	Ball Skills	Invasion games	Net and Wall games	Team Building	Athletics
Year 3/4	Fitness	Football	Dance	Yoga	Dance	Gymnastics	Golf	Netball	Rounders	Tag Rugby	Tennis	Athletics
Year 5/6	Fitness	Football	Dance	Basketball	Dance	Gymnastics	Dodgeball	Gymnastics	Rounders	Tag Rugby	Tennis	Athletics