

PE Long Term Plan 2019/20

Term 1/1		
KS1	LKS2	UKS2
Games- Y1 bat/ball skills, skipping Y2 dribbling, kicking & hitting Dance	Games – Y3 ball skills, invasion focus Y4 net/court/ wall games Dance	Games - Y5 net/court/ wall games Y6 invasion games, implementing & kicking Dance
Term 1/2		
KS1	LKS2	UKS2
Games- Y1 bat/ball skills, skipping Y2 dribbling, kicking & hitting Dance	Games – Y3 net/court/ wall games Y4 invasion games Dance	Games - Y5 invasion games, implement & kicking Y6 invasion games, ball handling Dance
Term 2/1		
KS1	LKS2	UKS2
Gym - Y1 flight / Points and patches Y2 parts high & parts low/ Pathways	Gym – Y3 Stretching & curling Y4 Balance Games – Y3 creative games making Y4 problem-solving & inventing games Dance	Gym – Y5 Bridges Y6 Matching & mirroring Games – Y5 invasion & target(ball handling) Y6 net/court/ wall games Dance
Term 2/2		
KS1	LKS2	UKS2
Gym – Y1 Rocking and Rolling/ wide, narrow, curled Y2 spinning, turning, twisting/ linking movements together	Gym – Y3 Symmetry & asymmetry Y4 Receiving bodyweight Games – Y3 & Y4 striking/fielding games Dance	Gym – Y5 Flight Y6 Synchronisation & canon Games – Y5 & Y6 Striking/fielding games Dance
Term 3/1		
KS1	LKS2	UKS2
Games- Y1 throwing & catching, aiming games Y2 making up a game Dance	Athletics /OAA	Athletics /OAA
Term 3/2		
KS1	LKS2	UKS2
Games- Y1 developing partner work Y2 group games & inventing rules Dance	Athletics /OAA	Athletics /OAA