

School Snippets

www.hemingbrough.n-yorks.sch.uk

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Headteacher: Mrs Sarah Chappell



School Meals

We are really sorry for the inconvenience caused by our catering difficulties this week, unfortunately COVID is still having some impact on staffing. Despite our best efforts, we have been unable to find a 'relief' cook, therefore children will need to bring a pack up **all week**.

Once again we apologise sincerely for this situation, fingers crossed, all will be back to normal next week.

Parking

Can I please ask Parents/Carers/Grandparents to park considerately and responsibly at drop off and pick up times. On several days a large vehicle has parked on the corner of Chestnut Garth, causing danger to both children and vehicles. If this continues, we will have no choice again but to contact the police and ask them to carry out observations at these times.

Festive Fair Friday 18th November 3.15-4.30

The fair will soon be upon us. If anymore parents are able to help us set up (from 1.30pm) and/or help run a stall, please let us know. Any help you can offer will be much appreciated. Also, just a reminder that his Friday (11th Nov) is a non uniform day, in exchange for tombola/raffle prizes.

Any parents who have already volunteered - many thanks, could you please come to school for 1.30pm on the day.

Our curriculum drivers are:

C

Community

A

Aspiration

R

Resilience

E

Empathy

Please ensure your child has their PE kit in school

Monday 7th Nov 2022



Attendance

Last week's winning class was Cedar with 100%. Well done Cedar class. Your £10 reward will be "banked" for you to use towards the end of the year.

The raffle winner (all children are entered into the raffle if they have been in school all week and on time) was Isla C-E, well done Isla!

Mental Health & Wellbeing

We will be holding an information evening for parents on Tuesday 22nd Nov, 6-7pm in the Hall – "Using the Outdoors to have a positive impact on Mental Health and Wellbeing".

This will be an opportunity to find out what we are doing in school to support your children. We hope you will be able to attend.

Club cancelled on Mon 7th Nov

There will be no Choir after school club tonight, due to staff absence.

Dates for the Diary...

Wed 9th Nov

- 11.30am Come Dine With Us (Y3/4) – further details on Parentmail

Fri 11th Nov

- Non uniform day – in exchange for tombola prizes

Fri 18th Nov

- Festive Fair – parent helpers needed to set up and run stalls

Mon 12th Dec

- Christmas Concerts

Tues 13th Dec

- Christmas Concerts

Inspirational Person



Jesse Owens

Hemingbrough Honours Programme

If your child is interested in taking part in the programme, you can either email Mrs Chappell, or your child can come and have a chat with her.

Hemingbrough Honours Programme

The Hemingbrough Honours Programme is a knowledge- based programme designed to encourage scholarly aspirations, contribute to learning in other areas, to support and develop the ability to commit learning to memory and to build resilience and concentration.

Children who wish to become graduates in the different study topics can study at home and in school during their own time, taking the Graduate test when they are confident and ready.

Upon Graduation in a subject, children will receive a certificate and be placed on the Honours board,

This will further demonstrate to their peers, parents, school visitors and the wider community how dedicated they are to their learning as well as inspire others to achieve.

Children will be given the information they will need and be supported to develop the skills they need in order to memorise, learn, retain and recall the information.

The subjects that can be studied are:

- English Literature
- Science
- Music
- Geography
- History
- Design Technology
- PSHE and British Values
- Religious Education
- Art

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The National Child Measurement Programme (Height and weight checks for children in Reception and Year 6)

Every year in England, school children in Reception (aged 4-5 years) and Year 6 (aged 10-11 years) have their height and weight checked at school as part of the National Child Measurement Programme (NCMP).

Height and weight measurements are used to calculate weight status. This information is collected because it is in the public interest to understand how many children are overweight, healthy weight or underweight and so support and advice can be offered to parents.

The checks are carried out by trained health care providers, and are delivered in a COVID-safe way. Children are measured fully clothed, except for their coats and shoes, in a private space away from other pupils.

NCMP measurements are conducted in a sensitive way, in private and away from other children. Individual results are not shared with your child or their school. The weight and height information is shared only with you in the parent or carer feedback letter. It is your choice if you share the information with your child.

Once the measurements have been carried out, parents/carers get a letter with the results. They may also be contacted by the NCMP staff who will talk through their child's results and offer advice and support.

These measurements will be taking place in our school soon (for those year groups). If your child is due to be measured you will receive a letter to explain more about it.

If you are worried about your child's weight, please have a look at:

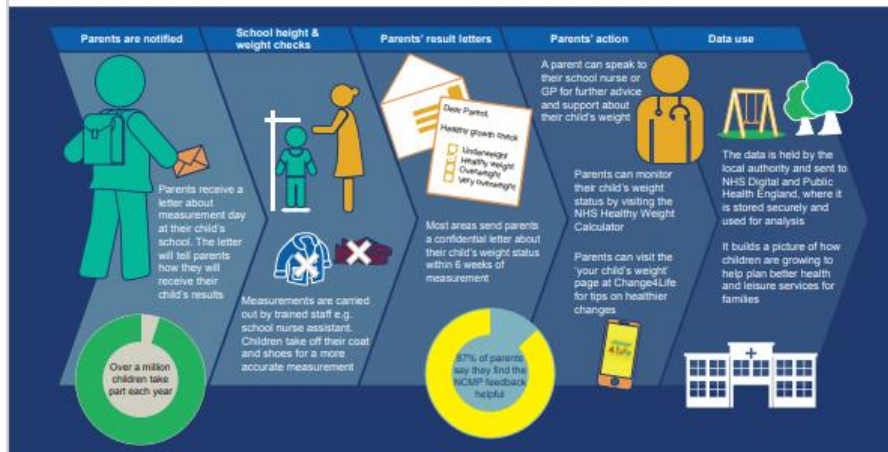
<https://www.northyorks.gov.uk/healthy-weight-support-children-young-people-and-families>

If you would like some information about cost saving ideas, free school meals, food banks, financial support etc. please go to: <https://healthyschoolsnorthyorks.org/parents/>



School height and weight measurements

Every year, throughout England, more than a million children in Reception and Year 6 have their height and weight measured at school as part of the National Child Measurement Programme



What we know from the data collected so far

- Most children in Reception and Year 6 are a healthy weight.
- Around one in ten children in Reception is very overweight. This doubles to one in five children by year 6.
- The number of very overweight children in Year 6 is increasing year on year.
- Most children who are overweight in Reception will remain so or become even more overweight for their age by year 6 without action to achieve a healthier weight.

Because many children are overweight, we are all becoming used to seeing heavier children as the norm. It means we cannot always tell when a child is overweight. That is why many parents find it helpful to have an objective measurement of how their child is growing. More than 8 in 10 parents say this information is helpful and they can then make decisions about their child's lifestyle and wellbeing to make changes, or seek support if necessary.

Why achieving a healthy weight is important

When children are a healthy weight, they feel better about themselves. They find it easier to play and learn. And they are more likely to grow up healthy too. Helping them to be a healthier weight when they are a child can set up their health and wellbeing for life.

You can encourage the whole family to enjoy eating healthily and being active which will help your child achieve and maintain a healthier weight. Children who see their parents, grandparents and carers following a healthy and active lifestyle tend to join in and learn by example. These habits become a normal part of everyday life for the whole family.



Public Health
England

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PHE publications gateway number: 2017758

For more information on helping your family lead a healthy life, please turn over.

Free 0-19 children services APP. Offering lots of resources and links to promote healthy child development and local public health services. The QR codes are attached below:



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