

Hemingbrough Community Primary School  
Long Term Plan  
*Physical Education*



	Term 1				Term 2				Term 3			
	1/1		1/2		2/1		2/2		3/1		3/2	
Session	1	2	1	2	1	2	1	2	1	2	1	2
EYFS	Introduction to PE Unit 1	Introduction to PE Unit 2	Dance Unit 1	Funda Mentals Unit 1	Games Ball Skills Unit 1	Gym Unit 1	Gym Unit 2	Games Ball skills Unit 2	Dance Unit 2	Games Unit 1	Funda Mentals Unit 2	Games Unit 2
Year 1	Games Ball Skills	Dance	Games Sending and receiving	Funda mentals	Games Sending and receiving	Gym	Gym	Team Building and problem solving	Games Net and Wall	Fitness	Athletics	Athletics
Year 2	Games Ball Skills	Dance	Games Target Games	Yoga	Games Invasion	Gym	Gym	Team Building and problem solving	Games Striking and fielding	Funda mentals	Athletics	Athletics
Year 3	Games Lacrosse	Dance	Athletics LDR	Games Ball Skills	Games Netball	Gym	Games Tag Rugby	OAA Archery	Games Tennis	Fitness	Games Rounders	Athletics
Year 4	Games Hockey	Dance	Games Football	Yoga	Games Basketball	Gym	Games Tag Rugby	OAA Orienteering	Games Cricket	Funda mentals	Athletics LDR	Athletics
Year 5	Games Lacrosse	Dance	Athletics LDR	Fitness	Games Netball	Gym	Games	OAA Archery	Games Tennis	Golf	Games Rounders	Athletics

							Tag Rugby					
Year 6	Games Hockey	Dance	Games Football	Yoga	Games Basketball	Gym	Games Tag Rugby	Team Building and problem solving	Games Cricket	Volleyball	Athletics LDR	Athletics