Progression in PSHE and Citizenship



At Hemingbrough Community Primary School we use the North Yorkshire PSHE and Citizenship Guidance as a framework for our curriculum. This includes the DfE Relationships and Sex and Health Education Statutory learning outcomes

PSHE and Citizenship is planned in order that children acquire the knowledge, understanding and skills that they need to live successful and enriching lives both now and in the future. We aim to equip children with the tools to live healthy, productive, responsible lives. It aims to encourage children to be enterprising and supports them in making effective transitions and career choices and to achieve economic well-being. The curriculum is designed to provide opportunities to reflect on their own values and attributes and explore a range of others values and attitudes they encounter.

PSHE education intends to build self-confidence, resilience and self-esteem, to manage risk, make informed choices and understand what influences decisions. It enables them to recognise, accept and shape their identities, to understand and accommodate difference and change, to manage emotions and to communicate constructively in a variety of settings. Developing an understanding of themselves, empathy and the ability to work with others will help children to form and maintain good relationships, develop the essential skills for future employability and better enjoy and manage their lives.

Citizenship education helps to provide pupils with knowledge, skills and understanding to prepare them to play a full and active part in society. It should foster pupils' keen awareness and understanding of democracy, government and how laws are made and upheld. Pupils should be equipped with the skills and knowledge to explore political and social issues critically, to weigh evidence, debate and make reasoned arguments. It should also prepare pupils to take their place in society as responsible citizens, manage their money well and make sound financial decisions.

The learning outcomes are colour coded to illustrate where the aspects of PSHE and Citizenship are covered within the themes (risk taking and keeping safe are weaved throughout the aspects)

Relationships and Sex Education Drugs, alcohol and Tobacco and wider risk taking behaviours Online Safety Careers, education and personal finance Citizenship

Healthy lifestyles (Physical and emotional Wellbeing) Emotional health and wellbeing

Me and my relationships

EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
I can play in a group	I know that there are	I know the	I can identify	I feel good about	I understand simple,	I understand the
with other children	different types of	characteristics of a	different types of	myself and my body	safe routines to	physical and
	relationships	healthy family life and	relationships and	and have an	prevent the spread	emotional changes I
I can initiate play and	including families,	the importance of	show ways to	understanding of	of bacteria and	will go through at
ask my friends to join	friends and others	caring for each other	maintain positive and	how the media	viruses and the	puberty
in	(this includes same	and spending time	healthy relationships	presents 'body	importance of	
	sex families) and I	together	(this includes same	image'	immunisation	I can look after my
I can respond to	respect those		sex relationships)			body and health as I
what others are	differences. I know	I know when	both on and offline	I understand that my	I know the ways in	go through puberty
doing and saying to	that family and	relationships both on		body and emotions	which children grow	
keep play going	friends should care	and offline make me	I understand that	will change as I grow	and develop in	I can manage my
	for each other and	feel unhappy or	relationships both on	older and I know the	puberty – physically	periods
I can take turns and	families can give	unsafe and I am able	and offline may	importance of taking	and emotionally	(menstruation) or I
share resources	love, security and	to ask for help	change over time	care of my own body		understand how girls
	stability		and how to ask for		I can manage my	manage their periods
I can show friendly		I know about the	help if this makes me	I can recognise what	periods	and I am respectful
behaviour towards	I know when	changes that have	unhappy	love is and	(menstruation) or I	of this
my peers and	relationships both on	happened to my body		understand that	understand how girls	
familiar adults	and offline make me	since birth and the	I can judge what	marriage / civil	manage their periods	I know about human
	feel unhappy or	process of growing	kind of physical	partnerships	and I am respectful	reproduction
I can initiate	unsafe and I am able	from young to old and	contact is acceptable	represent a legally	of this	
conversations with	to ask for help	how people's needs	or unacceptable and	recognised		I recognise different
peers and familiar		change	how to respond -	commitment freely	I recognise, as I	risks in different
adults	I know the names		including who I	entered into by two	approach puberty,	situations both on
	for the main body	I have an	should tell and how	people	how people's	and offline and then
I can name people	parts (including	understanding of	to tell them		emotions change at	decide how to
who look after me	external genitalia)	stereotypes and how		I know that there are	that time and how to	behave responsibly,
and who to go to if I	and why it is	these can have a	I understand the	different kinds of	deal with my feelings	including judging
am worried about	important to keep	negative impact	difference between	families and	towards myself, my	what kind of physical
anything	them private		secrets and surprises	partnerships		contact is acceptable

I know that there are		I understand the	and understand not	(includes same sex)	family and others in a	or unacceptable (this
different types of	I understand what is	importance of valuing	to keep adult secrets	and I understand the	positive way	could include
relationships	meant by 'privacy';	one's own body and	both on and offline	importance of stable,		between peers)
including families,	my right to keep	recognising its	and when to support	loving and caring	I am aware of	
friends and others	things 'private' and	uniqueness	a friend to tell a	relationships	different types of	I understand that
(this includes same	the importance of		trusted adult		relationships and	civil partnerships and
sex families). I know	respecting others'	I know the names for		I can demonstrate	what makes them	marriages are
that family and	privacy both on and	the main body parts	I know how other	the features of good	positive, healthy	examples of
friends should care	offline and between	(including external	families are similar or	healthy friendships	relationships both on	stable,loving
for each other and	friends	genitalia) and the	different to mine	both on and offline	and offline and I have	relationships freely
families can give		similarities/differences	(this includes same	and have the skills to	the skills to form and	entered into by both
love, security and	I can name people	between most boys	sex), I respect those	manage a falling out	maintain a healthy	people (include same
stability	who look after me	and girls	differences and I		relationship	sex relationships)
	and who to go to if I		know families are	I can name people		
I know the names for	am worried about	I know that	characterised by love	who look after me,	I can name people	I know that
the main body parts	anything on and	individuals have rights	and care	my networks and	who look after me,	relationships change
(including external	offline	over their own bodies,		who to go to if I am	my networks and	over time and the
genitalia) and why it		and that there are	I understand that it	worried about	who to go to if I am	features of a positive
is important to keep	I know what being a	differences between	is OK to be different	anything on or offline	worried about	healthy relationship
them private	good friend means	good and bad	to others		anything on or offline	both on and offline
	both on and offline	touching (this includes		I can respond	and my health and	(including
	and how they should	between peers)		appropriately to	how to attract their	friendships)
	make us feel happy		I can name people	other people's	attention	
	and secure	I can name people	who look after me	feelings		I know how to ask
		who look after me and	and who to go to if I		I know how to	for help and have a
	I can play and work	who to go to if I am	am worried about	I can recognise my	respond safely and	range of strategies to
	cooperatively	worried about	anything on or offline	worth as an	appropriately to	resist pressure to do
		anything on and		individual and the	adults I meet	something
	I can listen to other	offline	I know how to be a	worth of other	(including online)	dangerous,
	people and show		good friend both on	people	whom I do not know	unhealthy, that
	them respect	I know the 'recipe' for	and offline and how			makes me feel
		being a good friend	to manage a fall out	I understand a range	I know where	uncomfortable,
	I can share	both on and offline	with a friend without	of feelings and how	individuals, families	anxious or that I
	appropriately	and that trust is a core	a physical reaction	these make me feel	and groups can get	believe is wrong
		ingredient		both emotionally and	help and support	including when to
				physically		share a confidential

I can recognise that	I know that there are	I can describe the	I know how to be a	secret all of which
my behaviour affects	different types of	nature and	good friend both on	can happen both on
others both on and	negative behaviours,	consequences of	and offline and how	and offline
offline	bullying and teasing	negative behaviours,	to manage a fall out	and offinic
Offilite	both on and offline	bullying both on and	with a friend without	I can name people
I know the	Sour on and online	offline and express	a physical reaction	who look after me,
difference between	I know that these	some ways of	a physical reaction	my networks and
right and wrong, fair	behaviours are wrong	responding to it even	I understand what	who to go to if I am
and unfair and kind	and know how to deal	if I am not the target	boundaries are	worried about
and unkind both on	with them including if	of the behaviour I	appropriate in	anything on or offline
and offline	I experience or	can still get help (this	friendships with	and my health and
and offline	witness it, I know how	includes different	peers and others	how to attract their
I can recognise there	to get help	types of bullying,	both on and offline	attention
_	to get neip		both on and offline	attention
are different types of	Lean listen to others	how to recognise it,	Lundorstand the	Lean recognice the
teasing both on and	I can listen to others	how to seek help and	I understand the	I can recognise the
offline	and respect their	coping strategies)	importance of being	difference between
	viewpoints		respectful to	aggressive and
I know about change		I can empathise with	everyone and to	assertive behaviour
and loss and the	I can identify and	other people and	recognise and care	both on and offline
associated feelings	respect differences	understand how	about others	and have developed
(including moving	and similarities	people can react	people's feelings	some strategies to
home, losing toys,	between people of	differently to the	both on and offline	resolve disputes and
pets or friends)	different backgrounds	same situation	but if appropriate I	conflict
	(ethnic, cultural and		feel able to	
I know how to be	faith, physically)	I can listen to and	confidentially	I realise the
nice to people both		show respect for the	challenge their view	consequences of
on and off line		views of others both	point	anti-social and
		on and offline		aggressive
				behaviours, such as
		I know the		bullying, cyber-
		importance of		bullying,
		valuing myself		homophobia,
				transphobia and
		I can recognise and		biphobia and racism
		challenge		which can happen
		stereotypes		both on and offline

(including supporting trans children)	on individuals and communities
I know about change and loss including separation, divorce and bereavement and the associated feelings	I can recognise and challenge discrimination and stereotyping which can happen both on and offline (including cultural, ethnic, religious diversity, sexuality, gender and disability)
	I understand the nature, causes and consequences of hate crime which can happen both on and offline and I know I need to tell a trusted adult

	Keeping myself safe						
EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6	
I know that some substances can help or harm my body including household substances	I know the role of medicines in promoting health, the reasons why people use them and the rules on safe use	I use simple skills which will help to maintain my personal safety both on and offline	I can identify and explain how to manage risks in different situations including on and offline line	I can describe what risk means to me both on and offline I can take responsibility for my	I can identify strategies I can use to keep myself physically and emotionally safe including road safety,	I can take responsibility for my own safety and know about health and safety, basic emergency first aid	
	and raises on sure use		omme inc	own behaviour and safety and realise	cycle safety, online safety and in the	procedures (including head injuries) and	

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I recognise the need	I know that some	I understand that all	I can make	that actions have	local	where to get help,
for safety rules –	substances can help	drugs can be harmful	judgements and	consequences both	environment(rail,	including how to call
road, fire, water, rail,	or harm the body	if not used properly	decisions and use	on and offline	farm, water and fire)	999 in an emergency
farm, school	including household		basic techniques for		and I know how to	
environment,	substances	I know simple rules	resisting negative	I can recognise,	call 999 in an	I recognise the
playground and		about medicines and	peer pressure both	predict and assess	emergency	responsibility I have
home and I can	I recognise the need	other substances	on and offline	risk, relating to		both on and offline
follow the rules	for safety rules –	used in the home,		myself and others	I know which	due to increased
	road, fire, water, rail,	including solvents	I can explain how my	and know how to get	commonly available	independence and
I know about	farm, school	which can be harmful	behaviour may have	help (includes risks in	substances (alcohol,	can keep myself and
'stranger danger',	environment,	if not used properly	consequences for	the home, road,	tobacco, e-cigarettes,	others safe
when to say, 'yes',	playground, online		myself and others	farm, water, rail,	medicines) and drugs	
'no', 'I'll ask' and 'I'll	and home and I can	I can recognise and	both on and offline	online, electricity and	are legal and illegal,	I can respond to
tell' including	follow the rules	say what is right and		personal safety) and I	and their effects and	challenges including
knowing that I do not		wrong both on and	I can demonstrate	know how to call 999	risks	recognising,
need to keep secrets	I can name an adult	offline	basic safety	in an emergency		managing and
	in school who can		procedures when		I know that the	assessing risks in
I know I should only	help me and I know	I understand that	using medicines, sun	I have some effective	pressure to behave in	different situations
use my tablet or	there are people and	pressure to behave in	protection, crossing	strategies to cope	an unacceptable,	both on and offline
computer when a	services who can	an unsafe way can	roads, riding a bike,	with peer influence	unhealthy or risky	and can manage
familiar adult is with	help us including how	come from a range of	swimming etc	and peer pressure	way can come from a	them responsibly
me	to call 999 in an	people, including		both on and offline	variety of sources	
	emergency	people I know and	I know school rules		including people I	I am able to make
		online	for health and safety,	I know the internet	know both on and	informed decisions
	I know I have a		basic first-aid	has many benefits	offline and the media	relating to risk taking
	responsibility to keep	I know how to ask	procedures and	but I know I need to		behaviours in relation
	myself and others	for help when I need	where to get help for	balance my time	I know the internet	to medicines, alcohol,
	safe, when to say,	it and can name a	myself and others in	spent on and offline	has many benefits	tobacco, e-cigarettes,
	'yes', 'no', 'I'll ask'	range of people who	need including how	and adhere to the	but I know I need to	drugs and other
	and 'I'll tell' including	can help me including	to call 999 in an	age rating of social	balance my time	substances including
	knowing that I do not	how to call 999 in an	emergency	media and computer	spent on and offline	what is meant by the
	need to keep secrets	emergency		games	and adhere to the	term, 'habit' and why
	both on and offline		I know the internet		age rating of social	habits can be hard to
		I know the	has many benefits	I know that not	media and computer	change
	I know the internet	difference between	but I know I need to	everything on the	games	
	has many benefits	secrets and surprises	balance my time	internet is true and		

but I kno	ow I need to both c	on and offline	spent on and offline	know what to do if I	I understand how	I know that the
			and adhere to the	access something	some people use	pressure to behave in
	=		age rating of	that makes me	online technology to	an unacceptable,
· ·	to kee	_	computer games	unhappy or	bully other people	unhealthy or risky
I know	that people			uncomfortable	and I know how to	way can come from a
you don	n't know are I know	w the internet	I have a growing		seek help if this	variety of sources
stranger	rs and this has ma		understanding of a	I understand the	happens to me or a	both on and offline,
applies	online as well but I k	now I need to	range of risks when	need to keep some	friend	including people I
as well a	as off line. I baland	ce my time	communicating	information private		know and the media
know th	nat when spent	on and offline	online and I can	in order to protect	I know how to	
people I	I don't know and I a	adhere to the	demonstrate ways of	myself when	present myself safely	I know the internet
ask me	for private age ra	ting of	reducing the risk to	communicating	online and	has many benefits
informa	tion I don't compu	uter games (ensure myself and	online and I can	understand the	but I know I need to
share it	online or in		my friends are safe	implement strategies	potential risks of	balance my time
person	I have	e an	online	to do this	providing personal	spent on and offline
		standing of a			information online	and adhere to the
Lunder	_		I know how to report	I recognise how		age rating of social
some w	*		concerns and get	online	I can use a range of	media and computer
_			support with issues	communications	strategies to protect	games
media h		,	online	(including from	my personal	
		ng the risk to		friends) may be used	information,	I can select
	·	e I am safe		for manipulation or	including passwords,	appropriate tools to
	omething I online	!		persuasion and I have	addresses and	collaborate and
	appy with			ways of managing	images of myself and	communicate
online		that people		this.	others	confidently and
		imes behave				safely with others,
		ently online,		I know how to	I understand that the	including friends I
		ing friends or		recognise and display	person that I think I	know in real life
		tending to be		respectful behaviour	am communicating	
	someo	one they are		online	with on-line may not	
	not				be who they say they	I am able to
					are.	recognise risks,
	I have					harmful content and
		standing of			I know how to	know how to report
		a healthy online			manage requests for	them
	friends	ship is and			images of myself or	

	awareness of the		others (this includes	I am aware of online
	risks associated with		from friends); what is	abuse such as
	people I have never		and is not	trolling, bullying and
	met		appropriate to ask for	harassment and the
			or share; who to talk	negative impact it
			to if I feel	can have on a
			uncomfortable and	person's mental
			are concerned by	health so I
			such a request	understand the need
				to use respectful
			I recognise that not	language and know
			all information on the	the legal
			internet is accurate	consequences for
			or unbiased and I	sending offensive
			have strategies for	online
			identifying the origin	communications
			of a website	
				I understand how
				the media
				(advertising and
				internet) may
				influence my
				opinions and choices
				I have an
				understanding of
				how my information
				and data is shared
				and used online
				I los acorda acord
				I know how to
				manage requests for
				images of myself or
				others (this includes
				from friends); what is
				and is not

			appropriate to ask for or share; who to talk to if I feel uncomfortable and are concerned by such a request
			I am a responsible user of mobile phones: safe keeping (looking after it) and safe user habits (time limits, use of passcode, turning it off at night etc.)
			I know how to report concerns and get support with issues online

My healthy lifestyle							
EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6	
I can wash and dry	I know the	I know that a healthy	I can make choices	I can identify some	I know what makes a	I can manage my	
my hands by myself	importance of	lifestyle includes	about my lifestyle to	factors (positive and	healthy lifestyle- the	time to include	
	personal hygiene and	being physically	improve my health	negative) that affect	benefits of exercise	regular exercise and	
I know I need to eat a	I am able to wash my	active, rest, healthy	and well-being and	physical, mental and	and healthy eating	self-care techniques	
range of healthy	hands properly,	eating, dental health,	recognise that	emotional health e.g.	and the factors	to look after my	
foods	regularly wash my	sun protection and	choices can have	relationships with	(positive and	mental and physical	
	body and clean my	emotional health and	good and not so good	family and friends,	negative) that affect	health such as	
	teeth twice a day	I can give examples	consequences	stress levels, physical	mental health,	relaxation	

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I understand that	I understand what	of what I do on a		activity, diet, self-	including having a	
exercise, eating,	physical and mental	daily and regular	I know what are	image, media, online	positive self-image.	I can recognise
sleeping and hygiene	health means and	basis to keep myself	good habits for	and have started to		opportunities to
keep me healthy	that all humans have	healthy	looking after my	develop ways of	I understand the	make my own
	it		growing body both	counteracting the	importance of good	choices about food,
I can talk about ways		I can make simple	physically and	negative factors	oral hygiene,	what might influence
to keep me healthy	I know how to keep	choices to improve	emotionally on a		including regular	my choice and the
and safe	my body healthy	my physical and	daily and regular	I understand what is	visits to the dentist	benefits of eating a
	through being active,	emotional health	basis	meant by a healthy		balanced diet
I know what makes	healthy eating,			diet (including	I know where	
me happy	getting enough rest,	I know how diseases	I know the benefits	understanding	individuals, families	I understand the
	dental health, sun	are spread and how	of physical exercise	calories, and	and groups can get	impact of growth and
I am confident to try	protection and	they can be	and time outdoors	nutritional content)	help and support	adolescence on my
new activities and say	looking after my	controlled and my			both on and offline	hygiene, good quality
why I like some more	emotional wellbeing	responsibilities for	I know how to look	I can make informed		sleep and nutrition
than others		my own and others	after my mental	choices about	I can deal positively	needs
	I can recognise what	health, I am able to	wellbeing through	healthy eating and	with my feelings and	
I enjoy praise for	I like and dislike, how	wash my hands	some self-care	exercising	recognise a range of	I understand the
what I have done	to make real,	properly	techniques e.g		emotions in others	risks associated with
	informed choices		relaxation, benefits	I understand safe	and can explain the	an inactive lifestyle,
	that improve my	I can recognise and	of hobbies and	and unsafe exposure	intensity of my	poor diet, unhealthy
	physical and	name a range of	interests etc	to the sun, and how	feelings to others	eating and other
	emotional health and	feelings and		to reduce the risk of		behaviours on my
	to recognise that	understand that we	I can communicate	sun damage	I understand what	physical and mental
	choices can have	all experience	my feelings to others,		resilience is and have	wellbeing
	good and not so good	emotions in relation	recognise how others	I understand a range	strategies I can use to	
	consequences	to different	show feelings and	of feelings and how	build my own	I understand early
		experiences and	know to respond	these make me feel	resilience	signs of physical
	I can talk about my	situations	appropriately	both emotionally and		illness, such as
	emotions and	I have simple		physically	I can resolve	weight loss, or
	recognise them in	strategies to manage	I understand what		differences, looking	unexplained changes
	others	my feelings	being resilient means	I have a range of	at alternatives,	to the body
			to me and I have	strategies for	making decisions and	
	I know what makes	I understand what	strategies I can use	managing and	explaining choices	I understand safe
	me happy	being resilient means		controlling strong		and unsafe exposure
						to the sun, and how

I understand what	to me and I have	I can understand	feelings and	I know some of the	to reduce the risk of
being resilient means		why other people are	emotions	ways of dealing with	sun damage,
to me and I have		behaving as they are		the feelings that	including skin cancer
strategies I can use	I know that even	when they are		sometimes arise from	0 1 11
	changes we want to	finding change	I can respond	changes	I recognise that I
I know some of the	happen can	difficult	appropriately to	Ŭ	may experience
reasons why change	sometimes feel		other people's		conflicting emotions
can feel	uncomfortable but I		feelings		and when I need to
uncomfortable and I	have identified ways I				listen to and
know some of the	manage those		I can recognise my		overcome my
ways of dealing with	feelings		worth as an		emotions
the feelings that			individual and the		
sometimes arise fron			worth of other		I have an
changes			people		understanding of
			' '		mental ill health and
			I understand what		how important it is
			being resilient means		for people to get
			to me and I have		early help to support
			strategies I can use		them
			I can identify positive		I understand that the
			things about myself,		media can have a
			recognise some of		positive and negative
			my mistakes and		effect on mental
			learn from them		health, e.g.body
					image
			I can make some		
			changes quickly and		I understand what
			easily but also		being resilient means
			understand that		to me and I have
			some changes are		strategies I can use I
			hard and can take a		know how change
			long time		can impact with our
					feelings of belonging

Me and my future

Me and my future							
EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6	
I know that I need	I can recognise the	I know that we can	I know how to look	I can demonstrate	I am able to make	I know that people	
money to buy thing I	coins and notes we	pay for things in a	after and handle	how to look after and	considered decisions	buy things online and	
need or want (eg	use	range of ways and	money in everyday	save money	about saving,	have online bank	
paying at tuck shop)		that even when not	situations		spending and giving	accounts and	
	I can choose the	using cash, money is		I can begin to		passwords to keep	
I can say what I am	correct value of coins	being used	I can make simple	develop an	I can differentiate	money safe	
good at	and calculate change		financial decisions	understanding that	between essentials		
		I understand that the	and consider how to	people have different	and desires – needs	I can describe how	
	I know that we have	choices we make	spend money,	financial	and wants I	people's careers are	
I can identify positive	to pay for what we	affect ourselves and	including pocket	circumstances	understand 'value for	different and how	
achievements during	buy	others	money and		money' and can	they develop in	
my time in EYFS		I can explain the	contributions to	I can begin to	make informed	different ways and I	
	I know how to keep	difference between	charity	understand the	choices to get 'value	am aware that	
	money safe	needs and wants	I know there are	different values and	for money'	people feel	
			different ways to gain	attitudes that people		differently about the	
	I know that I don't	Lunderstand	money, including	have with regard to	I am able to assess	different types of	
	have to spend my	individuals and	earning it through	money	'best buys' in a range	work they do	
	money but can save	families have to find	work		of circumstances		
	it to use later	ways to balance		I recognise the range		I can reflect on what	
		wants and needs	I understand that	of jobs carried out by	I am able to	I have learnt about	
	I can set myself		money is a finite	people I know	understand and	careers,	
	simple goals	I understand that it	resource for		manage feelings	employability and	
		may not be possible	individuals,	I can explain how I	about money, my	enterprise activities	
	I can identify positive	to have everything	institutions and the	will develop skills for	own and others	and experiences and	
	things about myself	you want, straight	community	work in the future		how the learning	
	and recognise and	away, if at all			I know about the	relates to my choices	
	celebrate my		I begin to	I am aware that the	range of jobs carried		
	strengths and say	I can describe why	understand why we	learning choices I	out by people and	I can describe a	
	what I enjoy about	learning is important	have charities	make will affect my	some of the	range of local	
	school and things I do			future options.	stereotypes	businesses and how	
	outside of school	I am positive about	I can explain why		surrounding some	they are run and the	
		who I am, what I	people work and the		career choices and I		

			T		
I can describe the	have achieved and	different jobs that	I can identify my	am aware of some of	products and / or
work that people do	take into account	people do and can	strengths, areas for	the rights and	services they provide
in my family, my	what other people	challenge some of	improvement and set	responsibilities when	
school and where I	say about me	the work stereotypes	high aspirations and	it comes to treating	I understand that
live.			goals	people fairly	employers must treat
	I am aware of	I am aware that the			all employees equally
I can identify positive	stereotypes and that	learning choices I	I can identify positive	I know and	and there are certain
achievements during	everyone does have	make will affect my	achievements during	understand how I can	protected
my time in Year 1	the same choices and	future options.	my time in Year 4	develop skills to	characteristics under
I can identify my	opportunities in	•		make a contribution	the Equalities Act
strengths, areas for	learning, careers and	I can talk positively	I can identify my	in the future	I know how to keep
improvement and set	work (genders,	about what I like to	strengths, areas for		myself safe when
myself some goals for	different ethnicities,	do and what I would	improvement and set	I am starting to	working and what
Year 2	different	like to do in the	myself some goals for	consider what I like,	the law says to
	backgrounds, etc)	future	Year 5	what I am good at	protect workers
	is a single converse, coop			and what I enjoy	p
	I can identify positive	I can identify positive		doing and can talk	I can recognise and
	achievements during	achievements during		positively about my	start to demonstrate
	my time in Year 2	my time in Year 3		strengths	some of the key
	my time in real 2	my time in rear 5		Strengths	qualities and skills
	I can identify my	I can identify my		I know the	that employers are
	strengths, areas for	strengths, areas for		importance of	looking for
	improvement and set	improvement and set		making a good	TOOKING TOT
	myself some goals for	myself some goals for		impression when	I understand that
	Year 3	Year 4		going through a	money we earn also
	rear 5	rear 4		selection process and	supports the
				I can demonstrate	community
				some of the skills	Community
				required to do this	I can identify positive
				required to do tills	achievements during
				I know that there are	my time in Primary
				a range of earnings	School
					301001
				for different jobs	
				I understand that	I can explain what I
				there are a range of	am worried about

		benefits from employment, not just financial (making a difference, caring for others, etc)	and what I am looking forward to in Year 7
		I can identify positive achievements during my time in Year 5	
		I can identify my strengths, areas for improvement and set myself some goals for Year 6	

Becoming an active citizen								
EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6		
I can sort out	I can express a simple	I can take part in	I can participate in	I can acknowledge	I know what	I understand how		
disagreements and	opinion, agreement	discussions/simple	making and changing	that others have	democracy is and	democracy works in		
find a compromise	and disagreement	debate with others	rules	different points of	how a democratic	the UK at a local,		
		about topical issues		view both on and	government works	regional and national		
I know the	I can respectfully ask		I know why different	offline		scale		
boundaries and	questions and listen	I know that people	rules are needed in		I have taken part in			
behaviour	to the answers	and other living	different situations	I know why and how	democratic events in	I understand that		
expectations in my		things have needs		rules and laws are	school (eg: voting for	there are other forms		
classroom and	I play a full part in	and recognise my	I know that choices	made and enforced,	school council, mock	of government that		
around school	the life of my	own responsibility to	we make can impact	why different rules	election)	are not democratic		
	classroom	meet those needs	on local, national and	are needed in		and can give some		
I can adapt my	I can agree and	I can contribute	global communities	different situations	I understand the	examples of these		
behaviour to	follow rules for my	positively to the life		and how to take part	consequences of	I understand what		
different events,	group and classroom	of the class and the	I know where to find	in making and	breaking the law and	being part of a		
		school	impartial advice to		how the criminal	community means		

	Lorent and the Co	T	:-f	I also a single and a single		and the same states and the
social situations and	I understand the role	Long de make 100 1	inform my decision	changing rules in	justice system works	and I can take part
changes to routines	of the school council	I understand the role	making	school	in the UK	more fully in school
	and I am able to vote	of the school council,				and community
	for the members and	am able to vote for	I understand the	I can recognise	I know how to access	activities
	if chosen to be on the	the members and	media can be biased	aggressive and anti-	local and national	
	school council I can	have contributed an		social behaviours	support groups both	I understand the
	represent the views	idea to the school	I can empathise with	both on and offline	on and offline	mental health
	of others	council	other people and	such as bullying and		benefits of
			situations through	discrimination and	I know that	community
		I know that I belong	topical issues,	their effects on	circumstances in	participation and
		to different groups	problems and local	individuals and	other countries and	volunteering
		and communities ie	and global events	communities, such as	cultures may be	
		school, family		travellers, migrants	different from our	I can demonstrate a
				and asylum seekers	own	sense of social justice
		I know what				and moral
		improves and harms		I can begin to	I understand why	responsibility at
		the environment and		respond to, or	some people have	school, in the
		about some of the		challenge, negative	chosen to leave their	community and
		ways people look		behaviours both on	country and migrate	towards the
		after them		and offline such as	to the UK	environment
				stereotyping,		
		I know some ways to		homophobia,	I understand the	I understand that
		look after my		transphobia and	difference between	everyone has human
		environment		biphobia and racism	economic migrant,	rights and that
				'	asylum seeker and	children have their
				I understand that to	refugee	own special rights set
				resolve differences I	I know about Fair	out in the United
				need to respect other	Trade and what it	Nations Declarations
				people's point of	means	of the Rights of the
				view and respect		Child
				their decisions but be	I know that	I understand that
				able to explain my	individual and	resources can be
				choices and	community rights	allocated in different
				viewpoints	and responsibilities	ways and that
				1.c.rponits	need to be taken into	economic choices
					account when	affect individuals,
	1		l	1	account when	anect marviduals,

		I understand how my	making decisions (eg:	communities and the
		choices may impact	public enquiries,	environment
		on the environment	planning decisions for	
			new roads/housing,	I can research,
		I can describe the	etc)	discuss and debate
		values of the school		topical issues,
		and know why they	I understand that	problems and events
		are important	choices we make as	
			individuals, a	I appreciate the
		I can describe the	community and a	range of national,
		'British Values' and	nation impact	regional, religious
		give examples of	internationally	and ethnic identities
		what they mean in		in the United
		school and in society	I am beginning to	Kingdom and the
		·	understand that	benefits of being a
		I can demonstrate	'poverty' might have	multi-cultural nation
		respect and tolerance	different meanings to	
		both on and offline	different people in	I am aware of how
		towards people	different	the media present
		different from myself	circumstances	information and that
		,		the media can be
			I can recognise and	both a positive and
			challenge	negative influence
			stereotypes	I can critique how
				the media present
			I know where to find	information
			impartial advice to	
			inform my decision	I can discuss
			making and	controversial issues
			understand about	in a sensitive manner,
			media bias	such as terrorism,
				migration and racism
			I can express my	
			views confidently and	
			listen to and show	
L			iloteri to aria silow	

		respect for the views of others
		I can talk and write about my opinions confidently and listen to and show respect for the opinions of others
		I can resolve differences, looking at alternatives, making decisions and explaining choices