

PE Medium Term Plan

Who do you think you are?			Lost in Space			Wish you were here		
KS1	LKS2	UKS2	KS1	LKS2	UKS2	KS1	LKS2	UKS2
Games - Y1 ball skills Y2 throwing & catching, inventing games Dance	Games - Y3 ball skills, invasion focus Y4 net/court/ wall games Dance	Games - Y5 net/court/ wall games Y6 invasion games, implementing & kicking Dance	Gym - Y1 flight / Points and patches Y2 parts high & parts low/ Pathways	Gym - Y3 Stretching & curling Y4 Balance Games - Y3 creative games making Y4 problem-solving & inventing games Dance	Gym - Y5 Bridges Y6 Matching & mirroring Games - Y5 invasion & target(ball handling) Y6 net/court/ wall games Dance	Games- Y1 throwing & catching, aiming games Y2 making up a game Dance	Athletics /OAA	Athletics /OAA
Dungeons and dragons			Saving Planet Earth			Brilliant Bodies		
KS1	LKS2	UKS2	KS1	LKS2	UKS2	KS1	LKS2	UKS2
Games- Y1 bat/ball skills, skipping Y2 dribbling, kicking & hitting Dance	Games - Y3 net/court/ wall games Y4 invasion games Dance	Games - Y5 invasion games, implement & kicking Y6 invasion games, ball handling Dance	Gym - Y1 Rocking and Rolling/ wide, narrow, curled Y2 spinning, turning, twisting/ linking movements together	Gym - Y3 Symmetry & asymmetry Y4 Receiving bodyweight Games - Y3 & Y4 striking/fielding games Dance	Gym - Y5 Flight Y6 Synchronisation & canon Games - Y5 & Y6 striking/fielding games Dance	Games- Y1 developing partner work Y2 group games & inventing rules Dance	Athletics /OAA	Athletics /OAA

Grand designs			Around the world			Time Detectives		
KS1	LKS2	UKS2	KS1	LKS2	UKS2	KS1	LKS2	UKS2
Games- Y1 ball skills Y2 throwing & catching, inventing games Dance	Games - Y3 ball skills, invasion focus Y4 net/court/ wall games Dance	Games - Y5 net/court/ wall games Y6 invasion games, implementing & kicking Dance	Gym - Y1 flight / Points and patches Y2 parts high & parts low/ Pathways	Gym - Y3 Pathways Y4 Balance leading into change of face & direction Games - Y3 creative games making Y4 problem-solving & inventing games Dance	Gym - Y5 Functional use of limbs Y6 Holes & barriers Games - Y5 invasion & target(ball handling) Y6 net/court/ wall games Dance	Games- Y1 throwing & catching, aiming games Y2 making up a game Dance	Athletics /OAA	Athletics /OAA
Location, location, location			Hemingbrough Museum			Circle of life		
KS1	LKS2	UKS2	KS1	LKS2	UKS2	KS1	LKS2	UKS2
Games- Y1 bat/ball skills, skipping Y2 dribbling, kicking & hitting Dance	Games - Y3 net/court/ wall games Y4 invasion games Dance	Games - Y5 invasion games, implement & kicking Y6 invasion games, ball handling Dance	Gym - Y1 Rocking and Rolling/ wide, narrow, curled Y2 spinning, turning, twisting/ linking movements together	Gym - Y3 Travelling with change of face & direction Y4 Rolling Games - Y3 & Y4 striking/fielding games Dance	Gym - Y5 Turning & spinning Y6 Counter-balance, counter-tension Games - Y5 & Y6 striking/fielding games Dance	Games- Y1 developing partner work Y2 group games & inventing rules Dance	Athletics /OAA	Athletics /OAA

Swimming - KS2 (5 week block, 1 hour per week)

Fitness - (whole school) to be included, ensuring a balance of skills/learning

Dance - to be incorporated into themes.